

# Medicare Annual Wellness Visit Questionnaire

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Today's Date: \_\_\_\_\_

### List any current medical problems or conditions

- |          |         |
|----------|---------|
| 1) _____ | 6 _____ |
| 2) _____ | 7 _____ |
| 3) _____ | 8 _____ |
| 4) _____ | 9 _____ |

### List Recent Hospital Stays

| Reason   | Date  |
|----------|-------|
| 1) _____ | _____ |
| 2) _____ | _____ |
| 3) _____ | _____ |

### Current Physicians/Practitioners

| Name/Specialty | Name/Specialty |
|----------------|----------------|
| 1) _____       | 4) _____       |
| 2) _____       | 5) _____       |
| 3) _____       | 6) _____       |

### List any medication that you currently take

| Name     | Strength | Direction | Prescribed by |
|----------|----------|-----------|---------------|
| 1) _____ | _____    | _____     | _____         |
| 2) _____ | _____    | _____     | _____         |
| 3) _____ | _____    | _____     | _____         |
| 4) _____ | _____    | _____     | _____         |
| 5) _____ | _____    | _____     | _____         |

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Social History**

Do you drink alcohol?.....  Yes  No

if yes how much? \_\_\_\_\_

Are others concerned about your drinking?.....  Yes  No

Diet: \_\_\_Balanced \_\_\_Vegetarian \_\_\_Diabetic \_\_\_Low salt \_\_\_Low Fat \_\_\_Low Carb  
Other \_\_\_\_\_

Education: \_\_\_High School \_\_\_College\_\_\_ Some College \_\_\_ Trade School  
Other \_\_\_\_\_

Do you do some form of regular exercise every day?.....  Yes  No

If yes, how much? \_\_\_\_\_

Marital Status: \_\_\_Married \_\_\_Single \_\_\_Divorced \_\_\_ Widowed Other \_\_\_\_\_

Do you wear seatbelts?.....  Yes  No

Have you ever smoked or chewed tobacco?.....  Yes  No

If yes how much? \_\_\_\_\_ If you quit, when? \_\_\_\_\_

**Routine Tasks: Please indicate if you do or do not need help performing these routine tasks**

- 1) Feeding yourself  Yes  No If yes, who helps? \_\_\_\_\_
- 2) Getting from bed to chair  Yes  No If yes, who helps? \_\_\_\_\_
- 3) Getting to the toilet  Yes  No If yes, who helps? \_\_\_\_\_
- 4) Getting dressed  Yes  No If yes, who helps? \_\_\_\_\_
- 5) Bathing or showering  Yes  No If yes, who helps? \_\_\_\_\_
- 6) Walking across the room  Yes  No If yes, who helps? \_\_\_\_\_  
(includes using cane or walker)
- 7) Using the telephone  Yes  No If yes, who helps? \_\_\_\_\_
- 8) Taking your medicines  Yes  No If yes, who helps? \_\_\_\_\_
- 9) Preparing meals  Yes  No If yes, who helps? \_\_\_\_\_
- 10) Managing Money  Yes  No If yes, who helps? \_\_\_\_\_
- 11) Moderately strenuous housework  
as doing the laundry  Yes  No If yes, who helps? \_\_\_\_\_
- 12) Shopping for personal items  
like toiletries or medicines  Yes  No If yes, who helps? \_\_\_\_\_
- 13) Shopping for groceries  Yes  No If yes, who helps? \_\_\_\_\_
- 14) Driving  Yes  No If yes, who helps? \_\_\_\_\_
- 15) climbing a flight of stairs  Yes  No If yes, who helps? \_\_\_\_\_

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Health Maintenance**

Please record the last year you had the following. If you do not know, leave blank

| IMMUNIZATIONS      |  | OTHER         | DATE |
|--------------------|--|---------------|------|
| Tetanus Diphtheria | <input type="checkbox"/> Yes <input type="checkbox"/> No | Mammogram     |      |
| Flu                | <input type="checkbox"/> Yes <input type="checkbox"/> No | Bone Density  |      |
| Pneumonia Vaccine  | <input type="checkbox"/> Yes <input type="checkbox"/> No | Colonoscopy   |      |
|                    |  | Glaucoma Exam |      |
|                    |  | Hearing Exam  |      |

**HEARING: Check Yes, No or Sometimes for each question.**

- 1) Do you find it difficult to follow a conversation in a noisy restaurant or crowded room?.....  Yes  No  Sometimes
- 2) Do you sometimes feel that people are mumbling or not speaking clearly?.....  Yes  No  Sometimes
- 3) Do you sometimes find it difficult to understand a speaker at a public meeting?.....  Yes  No  Sometimes
- 4) Do you find yourself asking people to speak up or repeat themselves?.....  Yes  No  Sometimes
- 5) Do you sometimes have difficulty understanding speech on the telephone?.....  Yes  No  Sometimes
- 6) Do you feel handicapped by a hearing problem?  Yes  No  Sometimes
- 7) Do you experience ringing or noises in your ears? .....  Yes  No  Sometimes
- 8) Have you had any significant noise exposure during work, recreation, or military service?.....  Yes  No  Sometimes

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Fall Risk Screening**

- 1) Do you feel like you are unsteady regularly, like you might fall?  Yes  No
- 2) Have you fallen in the past year?  Yes  No
- 3) If yes, circle the circumstance surrounding the fall.

*Answers:*

*Tripped over something*

*Lightheadedness or palpitations prior to*

*Loss of consciousness*

*Injured*

*Needed to see a doctor*

*Able to get up on own*

**Depression Screening**

Please circle one for each question. In the past two months have you had the following:

|  | Not at all | Several Days | More than half the days | Nearly every day |
|--|------------|--------------|-------------------------|------------------|
| 1. Little Interest or pleasure in doing things | 0          | 1            | 2                       | 3                |
| 2. Feeling down, depressed or hopeless         | 0          | 1            | 2                       | 3                |